

# Mental Health Planning & Advisory Council

**Vision**  
*Plan, Advocate, Evaluate*  
**Mission**

*To advocate for a system that supports persons impacted by mental disorders on their journeys to achieve the highest quality of life possible by promoting evidence-based, cost-effective, individualized mental health services.*

Cathii Nash, Chair  
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Mental Health Planning and Advisory Council  
Radisson Gateway Hotel in SeaTac  
18118 International Boulevard  
January 9, 2008, 9:30 – 3:30  
**Minutes**

- Present:** Rick Crozier, Cathii Nash, Eleanor Owen, Merja Kehl, JoEllen Woodrow, Caryn Horn for Annie Conant Don Nichols, BJ Cooper, Bill Waters, Michael Paulson, Danny Eng, Lenora Warden, Tom Saltrup, Vanessa Lewis, Helen Nilon, Dan Clement, Matthew Stolberg John Furze, Russ Hammond, Thressa Alston, Kelli McBride, Michelle Murphy, Brien Critchlow, and Nanette Baker
- Excused:** Becky Bates, Jeanette Barnes, Roger Bauer, Fran Collison, Dwight McClain, Traci Adair
- Guests:** Stephanie Lane, Director of the Office of Consumer Partnerships  
Chuck Benjamin, Executive Director, North Sound Regional Support Network  
Nancy Kickertz, Associate Director, Bristol-Myers Squibb Company  
Delcie Williams, WMIP Mental Health Ombudsman, Molina Healthcare of WA  
Dorothy Trueblood, Prospective MHPAC member

AGENDA ITEM	DISCUSSION LEADER	DISCUSSION	DECISIONS, ACTIONS, ASSIGNMENTS
<p>INTRODUCTIONS</p> <p>A. Review and Vote on November 14, 07 Council Minutes</p> <p>B. Review Action Items from November 14<sup>th</sup> meeting.</p> <p>C. Review P&amp;P 1/2/08 minutes</p> <p>Ongoing Action Item: Update on grievance/complaint process</p>	Cathii Nash, Chair	<p>A. Motion to accept the Nov minutes as written, Approved, 2 ABSTENTIONS</p> <p>B. Action Items reviewed</p> <p>C. Discussion on changes in Clark RSN</p>	
<p>B. ACTION ITEM REVIEW: Member's question on action item statement: <i>By 2010 MHPAC would like to follow the state in putting out an RFP as an Advisory Council?</i></p> <p>Vice Chair answers: The Council wants to change the way of doing business. We would like to use the United Way model, tell us how you want to spend the money and the Council will decide how the money will best be spent.</p> <p>Formal letter will be written, as far fulfilling the federal mandate, obligating us to monitor and</p>			

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<p>oversee the distribution of FBG funds.  MOTION: The Chair of MHPAC write a formal letter requesting Judy Gosney to submit the final report for the 07 allocation of funds, as well as the implementation plan for 2008.  APPROVED</p> <p>Reports need to be filed by RSN by a certain date. The Chair would like a copy of the questions the RSNs are asked. ACTION: Chair will ask for the copy of the RSN reports.</p> <p>Member stated: The Council needs a MHD representation, if the MHD Rep can't make it they need to send someone on their behalf.</p> <p>The P&amp;P discussed the question of dismissal of Cheri Dolezal and support to her dedication of transforming the MH system, it is imperative to voice our support on what she has been doing in Clark County, and her dismissal seems unwarranted.  ACTION: Council to write a letter to County Commissioners, Vanessa Gaston, the RSN Advisory Council, and MHD Director, with a copy to Cheri, indicating our recognition of the superb outstanding dedication that Cheri has demonstrated on her efforts to establish recovery and resiliency.  MOTION: To accept the Council to write the letter APPROVED, 5 ABSTENTIONS</p>			
<b>C. MEMBERSHIP</b> Vote on new membership Dorothy Trueblood to the MHPAC Helen Nilon voted on P&P Sub	Cathii Nash, Chair	MOTION to accept Dorothy Trueblood (consumer advocate) position on the Council for a three-year term.	APPROVED
<b>D. COUNCIL BUSINESS:</b> I. Bylaw changes	Cathii Nash, Chair		ACTION: Approved to accept the bylaw changes
Question on page 11 line 25: Why or how would it be appropriate for Executive Subcommittee Chair to bypass the super majority? Answer: Sometimes an action needs to be acted on quickly and some of our subcommittees only meet four times per year.			
II. Michael Haan's email accusing the Council of stigmatizing and attempting to isolate consumers issue. Review of Nov 8 <sup>th</sup> MHPAC minutes	Cathii Nash, Chair	Write an amendment that Michael made the statement. APPROVED by P&P	A note will be added to that meeting's minutes that Michael was reporting from his breakout group and a copy of the whole group's findings can be found on-line at the Transformation Grant web-site.

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E. Specialist Conference	Cathii Nash	Still waiting for the budget from EMAC	
F. Emergency Plan for consumers traveling in bad weather	Cathii Nash	If a member needs to stay overnight due to cancelled flight or bad pass conditions, Christina Carter has graciously offered to be available by cell phone to help problem solve/make arrangements.	Christina cell phone number will be distributed in next Council meeting packet.
G. Report on the Office of Consumer Partnerships	Stephanie Lane, Office of Consumer Partnerships (OCP), Member of MHD Management Team	Been in the MHD office since August 1, 2007. Implemented a supported employment program for the MHD	
<p>Introduced Caroline Wise, the new Program Administrator of the Office of Consumer Partnerships.</p> <p>OCP is tentatively partnering with the Capital Clubhouse to have 2 wk programs setup so consumers can find what its like to work in an office environment to get into the supported employment program</p> <p>Creating a recovery strategic plan, WA is one of the 4 states in the nation, going around to RSN, Ombuds, NAMI, etc.</p> <p>Doing a SWOT analysis, reviewing strengths and weaknesses in particular areas.</p> <p>Plans to hold a town meeting at the WA Behavioral HC Conference so people can put input where it may have been missed. What would a recovered system look like to you? (strategic planning)</p> <p>At the second town meeting, held at the COD conference, Stephanie will give the results.</p> <p>Stephanie wants to create a charter for consumers for the state of WA. Values and Principles on how they want to be treated and how they will treat others. It's like a recovery charter/covenant. Stephanie encourages anyone interested in helping her with establishing a recovery charter to let her know. Her phone number is (360) 902-0202 email: <a href="mailto:lanesk@dshs.wa.gov">lanesk@dshs.wa.gov</a> Office of Consumer Partnerships 1-800-446-0259. The meeting to establish a recovery charter is February 6, 2008 at 9:00 a.m. located at the SeaTac Holiday Inn in SeaTac. (See Flyer)</p> <p>Stephanie will give me parameters on what she needs and I'll forward it to the MHPAC.</p>			
Michelle Murphy addresses the gun control bill and H.R. 2640 Amendment			
Committee Reports	Cathii Nash		
<b>Children's Subcommittee's</b> Recommendation the Council supports writing a letter in support of Senator Dickerson's proposed legislation HB3964.2 that would modify the age of consent for mental health			

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<p>treatment in WA</p> <p>The Children's Subcommittee supports changing provisions related to parental consent for mental health treatment of minors age 13 and older as well as other changes.</p> <p>Cathii is seeking feedback.</p> <p>ACTION: Cathii will give me a most recent copy of the Age of Consent bill to distribute to the MHPAC.</p> <p><b>Legislative Subcommittee:</b> discussed status of current consumer run services bills (1022)</p> <p>CTP is moving forward to introduce new legislation asking the MHD to create a new kind of organization that is not a community mental health center. Asking this bill be passed to create an option for a different type of organization that could be a consumer or family operated service. Different then what community mental health centers offer. This is moving forward figuring out how the bill would go about supporting these organizations, what kind of work would be done, what kind of funding for non-professional services. Setting up conditions on how peers can set up services. Bill is moving forward right now.</p> <p>Clubhouse bill is in the first stage.</p>			
RSN Participation w/FBG & RSN Advisory Boards	Cathii Nash		Cathii will be talking to Richard Kellogg & Cheryl Strange
<p>DOC Presentation</p> <p>DOC Mental Health Services</p> <p>Population demographics</p> <p>The DMIO &amp; MIO/CTP programs, if needed</p> <p>Re-entry legislation and</p> <p>Implementation and workgroups in place.</p>	<p>Tom Saltrup, MHPAC member and the Director of Mental Health at DOC</p>		
<p>DOC Demographics: 16 correctional facilities, within those facilities 9 major correctional facilities that have mental health services. Very expensive correctional system.</p> <p>DOC has on average 15,500 offenders in the prison system, 1,500 to 2,000 extra individuals we rent beds for from other states that have family in WA. (Approximately 1,750 individuals DOC is responsible for outside of WA)</p> <p>14,000 people in DOC prisons: 90% Men 10% Women, about 19% of entire population is considered to be seriously mentally ill (SMI). SMI is to be a condition that impacts their ability to adjust to the prison environment. (Axis I, with a qualified mental illness to begin with making them not able to adapt to the prison environment)</p> <p>DOC has about 2,300—2,400 men designated SMI, another 500 individuals on mental health medication but do not have that designation.</p> <p>Woman: population 605 are designated SMI -- 45% &amp; 726 not designated but on medication about 54%</p> <p>Cost per bed per month \$1,100 for men, \$1,729 for women</p> <p>Average length stay for women is about 18 months.</p> <p>Special offender Unit (SOU), at the Twin Rivers facility, is primarily mental health or special needs low IQ, minor mentally retarded, brain injury, etc. This SOU is to keep the special needs group separate for their own protection.</p> <p>Special Commitment Center for sexual offenders unit ran by the Dept of Social and Health Services</p>			

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<p>DOC's budget in state dollars is approximately \$46 mil per biennium Only 63 beds for acute offenders for emergency use. (Single cell segregation)</p> <p>Note: County and Local Jails are for anyone that gets sentenced to less than a year (usually misdemeanors). Reentry program has 15 mental health staff positions; role is to run groups working with mental illness when transitioning into the community. General population on regular unit, dependant on custody level. Minimum custody is a least restrictive environment, a camp. Adding mental health resources at these less restrictive camps.</p> <p>Dangerous Mentally Ill Offenders (DMIO) program. Ongoing since yr 2000, individual deemed to have a major mental disorder. Criteria of mental disorder, high risk to public safety or themselves. 25% are sex offenders, history of violent crimes. DMIO has a very structured release program. 75% of individuals were eligible in the mental health system before prison, but because they're coming out of prison as offenders placement is very difficult.</p> <p>Vast majority in prison are in for drug crimes. Nine reentry teams, separate team focusing on women needs and programs. MIOCTP funded with BG money which is decided by the legislature.</p>			
Adjourn			

The next Council meeting will held Wednesday, February 13, 2008 at the Radisson Gateway Hotel in SeaTac from 9:30 a.m. until 3:30 p.m.

**Please be sure to make airline travel/hotel arrangements at least two weeks in advance via email to Christina Carter at [cartecc@dshs.wa.gov](mailto:cartecc@dshs.wa.gov). Thank you for your cooperation.**